BADTH'S WORKFORCE SURVEY

2025

With this data we can...

UNDERSTAND the current state of our profession PROVIDE more targeted training/CPD

PROMOTE our profession more accurately ADVOCATE for more opportunities for dramatherapists

THANK YOU TO
THANK YOU TO
EVERYONE WHO
TOOK PART!

THE STORY...

230 BADth members completed the survey (26%). Of whom, 218 were working in roles involving or relevant to dramatherapy, therapy and or supervision. The following data tells us about...

218
MEMBERS

WORKING IN
356
ROLES

SEEING OVER
2790
CLIENTS
PER WEEK

ON AVERAGE, EACH WORKING MEMBER...

COMPLETED
OVER 1
ADDITIONAL
TRAININGS

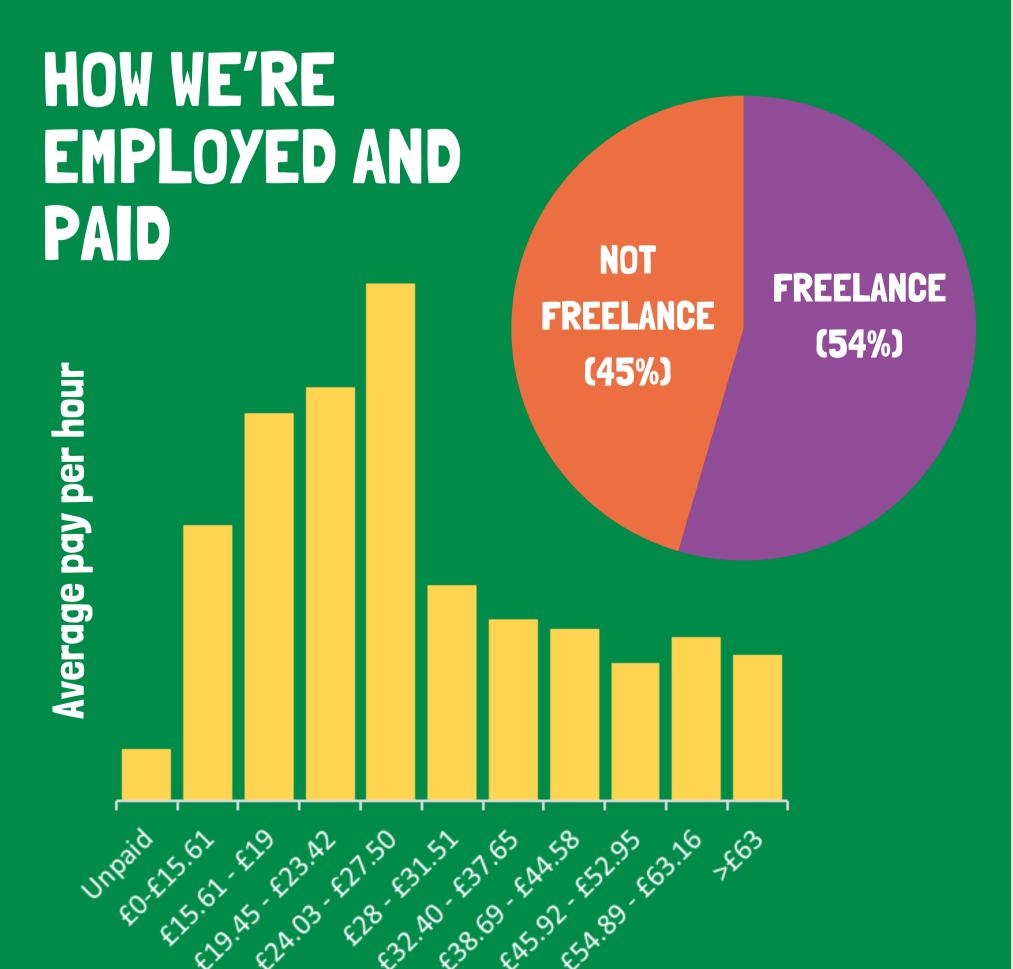
EMDR (8%) CBT(7%) DBT (5%) WORKS
29 HOURS
PER WEEK

PROVIDES 5
HOURS OF
SUPERVISION
PER WEEK*

PROVIDES 4
HOURS OF
TRAINING/
TEACHING
PER WEEK*

*If they provide supervision

*If they provide training/teaching



OUR TITLES

THERAPEUTIC PRACTITIONER (1%)

MANAGER (1%)

RESEARCHER (2%)

MENTAL HEALTH PRACTITIONER (1%)

PSYCHOLOGICAL THERAPIST/PSYCHOTHERAPIST (6%)

DRAMATHERAPIST (50%)

LECTURER/TEACHER (6%)

SUPERVISOR (13%)

ARTS/CREATIVE PSYCHOTHERAPIST (6%)

CAMHS PRACTITIONER (1%)

THERAPIST (1%)

FACILITATOR (1%)

COUNSELLOR (1%)

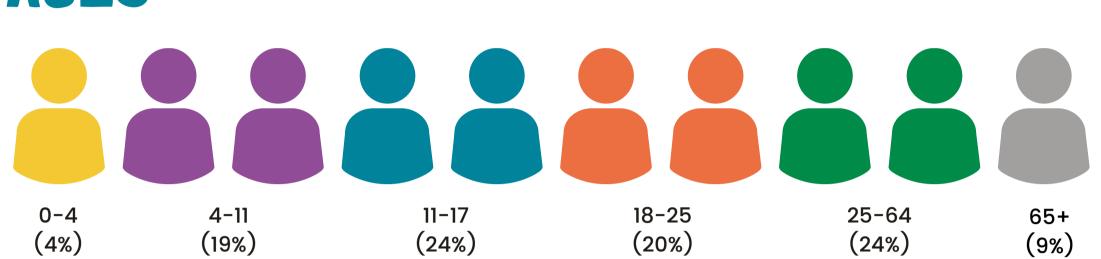
CLINICAL LEAD (1%)

TOTAL ROLE TITLES: 70

OUR CLIENTS

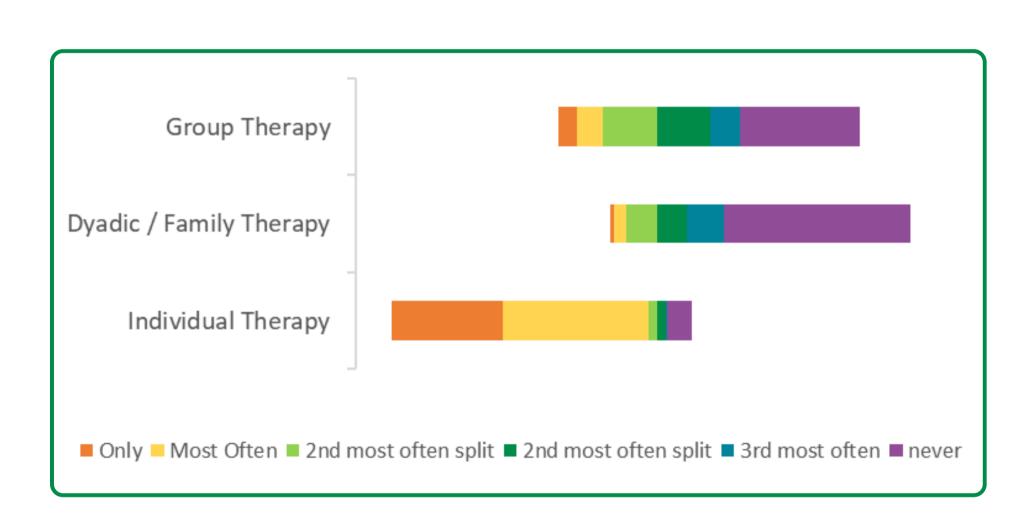
80%

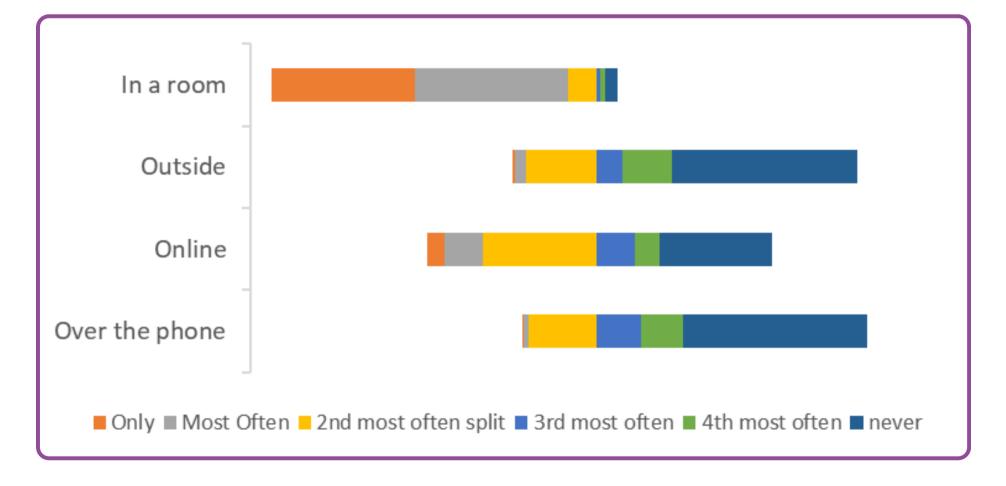
AGES



■ Struggled to get work

HOW WE WORK WITH CLIENTS





AREAS OF DIFFICULTY

2018 -

Didn't struggle to get work

TOP 5 CHALLENGES IN GETTING WORK

Lack of understanding/ awareness

Lack of appropriate entry level

lower status of dramatherapy

and arts therapies / preferance

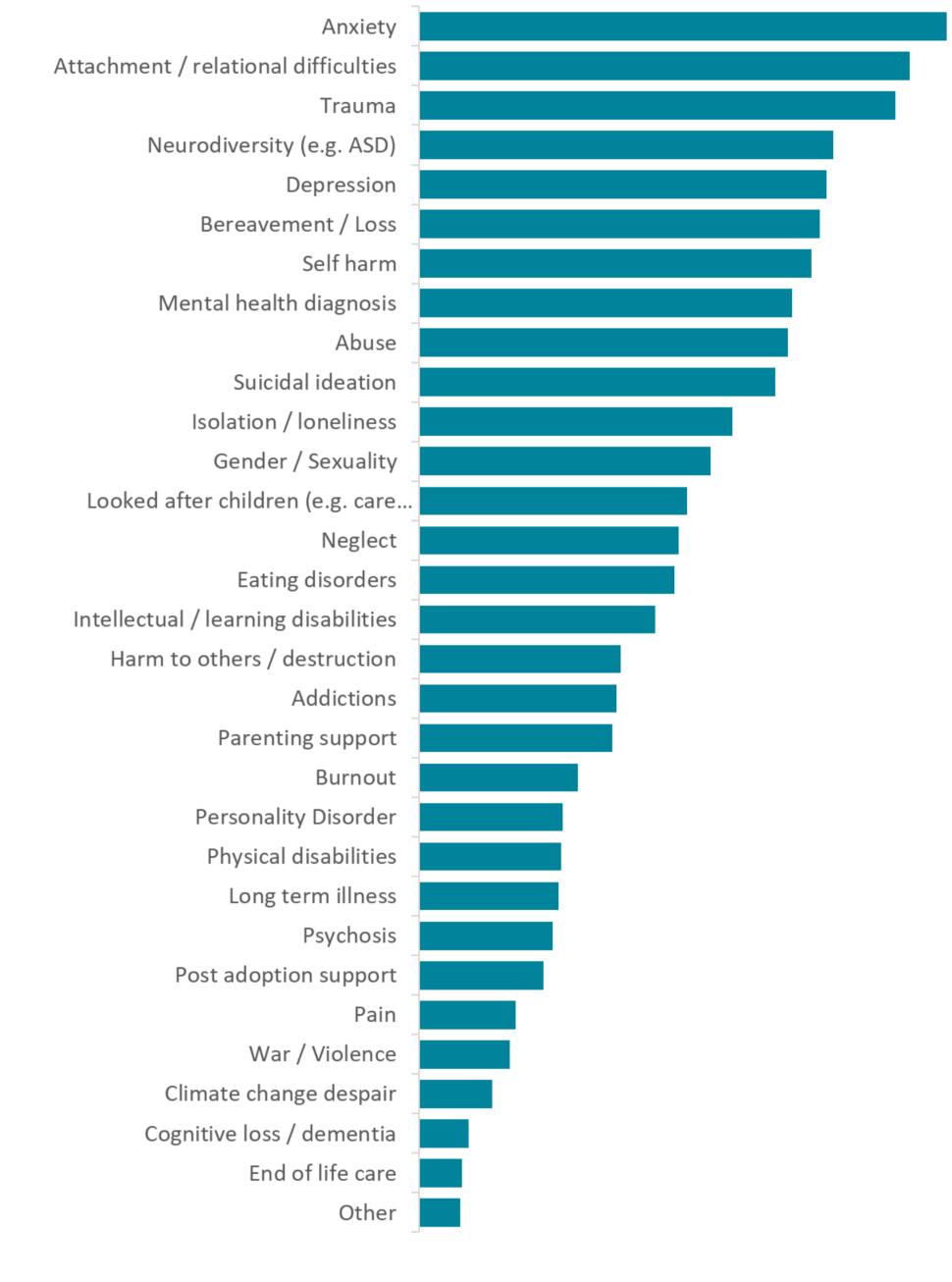
Geography (lack of roles in

for counsellors (12%)

Lack of dramatherapy-

specific roles (28%)

of dramatherapy (21%)



PARTICIPANTS WORKING WITH CLIENTS SEE...

13 CLIENTS PER WEEK

ON AVERAGE

